

# Cures Marines

TROUVILLE · SUR · MER

MGALLERY  
HOTEL COLLECTION

## ENTER THE SEASIDE LEGEND



### Reine des Plages

*Trouville-sur-Mer, Normandy's oldest seaside resort.* The Cures Marines, a majestic 19th-century edifice, adorns the coastline bordering the « Reine des Plages », the largest sandy beach on the Côte Fleurie. « Pleasant in all weathers » : that's how Trouville lovers describe the town. And rightly so. A true haven of peace, the Normandy seaside resort has been popular for decades. A perfect holiday destination, Trouville's charm lies in its boardwalk and beach, its bustling fishing port, its invigorating iodine air and its heights offering panoramic views over the Pays d'Auge. A guaranteed change of scenery just 2 hours from Paris !

### The seaside legend

Destined to be the largest casino in Europe, the building was inaugurated in 1912 under the leadership of Eugène Cornuché. The prestigious site was then transformed into a living space where the benefits of the sea are sublimated. In 1950, a thalassotherapy center was opened in the western part of the Casino under the name « Les Cures Marines ». Thanks to the determination of a few visionaries, Les Cures Marines still stands today, facing the sea, perpetuating the tradition of sea bathing.

### The jewel box of restful well-being

**The hotel has 103 rooms including 6 suites.**

A veritable haven of peace with modern decor, our rooms are soft and enveloping : bright and spacious suites and rooms, bathrooms equipped with Cinq Mondes products, shades of grey and white accented by shades of blue echo the marine environment. An atmosphere of absolute chic and deliciously gentle living. Our largest suite, the « Reine des Plages », is the highest on the Normandy coast.

*Double rooms (103) including Twin rooms (54)*

Our services :



Conciergerie



Parking, valet parking & luggage handling



Housekeeping



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## RHYTHM & WELL-BEING AT THE HEART OF OUR CONCERNS.

*A CITY. THE SEA. A HOTEL. THE PURIST.*

*At Les Cures Marines, we'll work with you to design the seminar that best suits your staff's needs. Your day will be punctuated by catering that combines pleasure and vitality, coached wellness activities on the beach or indoors, and access to The Purist Spa to amplify your experience.*



### Sleep – restorative

Comfort, silence, soothing, free yourself from stress as soon as you arrive in your room. From the moment you wake up until the moment you go to bed, we work on your sleep according to your circadian rhythm, and give you the right advice to make it as restorative as possible. Light therapy, rituals, yoga and in-room meditation, so that your team can rediscover the pleasure of sleep.



### Catering – flavors & vitality

La Galerie restaurant offers a menu in harmony with the living, in harmony with our terroir, in harmony with the seasons. Focused on well-being and vitality, our cuisine allows you to regain your energy right from the plate. The gourmet breaks (morning & afternoon) are adapted to each moment of the day to meet your physiological needs (body & mind) with the aim of optimizing your performance throughout the day.



### Wellness activities – forme

There's nothing like starting or ending your seminar day with a wellness activity to relieve tension. Our coaches offer you tailor-made programs, both indoors and on the beach, both intense and gentle : yoga session, sea walk, muscular awakening, respirology, meditation... an unique seaside experience.



### Spa – relaxation







Discover our 34 immersive treatment cabins and spaces dedicated to holistic well-being : sensory and Nordic showers, seawater pool with swimming corridor, jacuzzi, hammam, sauna, herbal tea area and meditation room. On the treatment side : an offering designed to meet the needs of each individual, in partnership with sustainable cosmetics brands including Voya (raw and organic seaweed), Cinq Mondes (travel and ancestral techniques) and a host of French Tech equipment (Rebalance impulse, Stendo...).

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## SEMINARS, BOARD MEETINGS & RECEPTIONS.

CAPACITY						
Meeting rooms	EIFFEL	EIFFEL 1	EIFFEL 2	SAVIGNAC	DURVILLE	MONTEBELLO
Surface	110m <sup>2</sup>	70m <sup>2</sup>	40m <sup>2</sup>	52m <sup>2</sup>	37m <sup>2</sup>	27m <sup>2</sup>
 U	/	30	10	18	12	/
 Boardroom	/	/	/	/	/	10
 Theater	100	65	25	40	20	/
 Class	50	30	15	18	12	/
 Cabaret	40	20	/	18	12	/
 Cocktail	100	70	/	/	/	/

### Meetings & Events

Your experience begins with your first contact with our sales team : David Folliot and Bastien Thierree.

A dedicated and professional team dedicated to helping you plan your event. The meeting rooms are located within the hotel, next to the bar and restaurant. All six meeting rooms are equipped with high-speed Internet access, latest-generation video-conferencing system, digital flipcharts and clickshare.

Your events deserve exceptional spaces ! Invite up to 100 people to the Eiffel room or organize a confidential meeting in our Durville or Montebello rooms. The restaurant can be fully or partially privatized. Our 200m<sup>2</sup> terrace can also be privatized. A unique place with a breathtaking view of the Reine des Plages.

### Contacts



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### Activities

Want to surprise your participants ? Choose an unusual activity. Our sales team will be happy to advise you and support you, thanks to its exceptional address book.

### Accessibility

-  Train station Deauville-Trouville : 1,3km
-  Airport Deauville Saint-Gatien : 7km



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