



**MOLITOR**  
*spa by* **CLARINS**

## *Welcome*

A temple dedicated to well-being and unwinding, the Spa by Clarins, known as one of the biggest hotel spas in Europe, is a real invitation to take care of yourself. Clarins and Molitor offer a groundbreaking, holistic vision of beauty, combining aesthetics, well-being and health.

Whether it is the signature treatments developed with Clarins or the bespoke sports massages designed with top athletes, Molitor's avant-garde spirit comes across. By offering innovative technologies brought together under a collective of experts in nutrition and sport, Molitor goes the extra mile to meet your needs with treatments such as drainage, cryotherapy, relaxation sports recovery and well-being.

Molitor awakens your desires

**POOL ART LIFE**



## *The face by Clarins*

### **EXPERT YOUTH TREATMENT**

**1H30 ○ 230 €**

Following a skin diagnostic, this personalised treatment adapts to your skin's needs and the beauty demands of each skin type: from stressed skin to skin lacking firmness through to skin that is weakened by hormonal changes. Whatever the age, this treatment visibly reduces the first wrinkles and existing ones and smooths your features. Your skin is firmer, more toned, your complexion more radiant.

### **AROMA RELAXING FACE TREATMENT**

**1H ○ 165 €**

This unique treatment allows you to both disconnect from the outside world and refocus on yourself. The expert touch of AYUROMA TOUCH together with the power of Clarins plants and oils invites you to escape and let go. Experience total, deep relaxation with a face and scalp massage. The benefits of the treatment are visible and palpable; the skin is softer, satiny and more beautiful.

### **INTENSE MOISTURISING TREATMENT**

**1H ○ 165 €**

Comfort treatment that intensely rehydrates the thirstiest of skins. Perfectly nourished and softened, the skin comes back to life and regains all its radiance.

### **MATIFYING PURITY TREATMENT**

**1H ○ 165 €**

Ideal for gently helping combination and oily skin to regain perfect balance. The skin is clearer, healthier, mattified. The skin texture is refined.

### **CLARINS MEN NEW SKIN ENERGISING TREATMENT**

**1H ○ 165 €**

Take a break! This energising facial is specially designed for male skin prone to external aggressions and irritated by shaving. It purifies, moisturises, reduces the appearance of wrinkles and dark circles and energises the skin. A complete treatment that provides a deep feeling of immediate well-being: you look relaxed, rested and totally revitalised.



## *The massage by Clarins*

### **BEYOND THE WATER ★ SIGNATURE**

**1H45 ○ 250 €**

The combined face and body treatment that floods you with rejuvenating vitality. Using a sequence of aquatic movements carried out on a cushion of water, this treatment dissolves all tension: immerse yourself in an ocean of well-being.

### **BALANCED MASSAGE WITH ESSENTIAL OILS**

**1H ○ 165 €**

A massage to release muscle tension, relax the body and restore energy. Choose between deep tissue massage or a lighter touch, it is performed with Tonic Oil to stimulate the body and mind or with Relax Oil for a feeling of absolute relaxation.

### **A BEAUTIFUL NINE MONTHS**

**1H ○ 165 €**

To help every woman progress calmly on the road to motherhood, Clarins has developed a cocooning treatment that relaxes tension, lightens the legs, improves skin elasticity and helps prevent stretch marks.

### **RELAXED BACK, NECK AND SHOULDER MASSAGE**

**30 MN ○ 90 €**

Localised massage on the back, neck and shoulders for absolute relaxation. Releases tension and provides maximum well-being.

## *The body by Clarins*

### **TONIC SUGAR & SALT SCRUB**

**1H ○ 165 €**

Rich in essential oils, this is a pleasure scrub par excellence. 100% natural exfoliation that leaves the skin delicately scented and satiny, infinitely soft and velvety.

### **SILHOUETTE EXPERT TREATMENT**

**1H ○ 165 €**

This personalised slimming and firming treatment allows you to sculpt your figure and preserve the youthfulness of your skin. Draining and firming, it minimises the appearance of cellulite, refines, lifts and shapes the silhouette.



## *Sports care by Molitor*

THESE TREATMENTS HAVE BEEN SPECIALLY DESIGNED BY OUR TEAMS IN COLLABORATION WITH TOP ATHLETES

### **SWIMMER'S MASSAGE**

**1H ○ 165 €**

IN COLLABORATION WITH CAMILLE LACOURT

Massage inspired by the movements used in swimming. It specifically targets the shoulders, neck, back and abductors.

### **GOLFER'S MASSAGE**

**1H ○ 165 €**

IN COLLABORATION WITH ALAIN BOGHOSSIAN

Massage inspired by the movements used in golf. It specifically targets the shoulders, hips and spine.

### **RUNNER'S MASSAGE**

**1H ○ 165 €**

IN COLLABORATION WITH MURIEL HURTIS

Massage inspired by the movements used in running. It specifically targets the legs in their entirety, the lumbar region and the trapezius.

### **BOXER'S MASSAGE**

**1H ○ 165 €**

IN COLLABORATION WITH SARAH OURAHMOUNE

Massage inspired by the movements used in boxing. It specifically targets the legs, arms and chest.

### **TENNIS MASSAGE**

**1H ○ 165 €**

IN COLLABORATION WITH JULIEN BENNETEAU

Massage inspired by the movements used in tennis. It specifically targets the legs, hips, lower back, neck muscles and arms.



## *Le sur-mesure by Molitor*

### **LE GRAND MOLITOR**

**1H15 ○ 195 €**

Bespoke 75-minute massage for a unique experience and total surrender.

Our experts in well-being massage offer a tailor-made massage adapted to your current needs.

### **L'ÉVASION**

**290 €**

**1 DAY OF PURE HAPPINESS FOR YOURSELF OR TO GIFT TO SOMEONE YOU LOVE**

1 pool entry from 10 am to 7.45 pm

1 one-hour Clarins treatment, face or body

### **L'ÉVASION BY CLARINS**

**317 €**

**1 DAY OF PURE HAPPINESS COMBINING RELAXATION AND DELICIOUS TREATS**

1 pool entry from 10 am to 7.45 pm

1 one-hour Clarins treatment, face or body

1 Clarins lunch menu at the 1929



## *Just the Two of Us*

### **THE ROMANTIC INTERLUDE**

**2H ○ 490 €**

ENJOY AN EXCEPTIONAL MOMENT IN COMPLETE PRIVACY.

Private use of the suite for 1 hour (hydromassage bath, infra-red sauna, selection of homemade sweet treats with a glass of champagne, all by candlelight).

Your choice of 1 hour of face or body treatments

### **A MOMENT OF TOGETHERNESS**

**1H30 ○ 390 €**

ENJOY A MOMENT WITH JUST THE TWO OF YOU IN COMPLETE PRIVACY.

Your choice of 1 hour of face or body treatments

Champagne, selection of homemade sweet treats all by candlelight.

### **HIRING THE SUITE**

**1H ○ 200 €**

Private use of the suite for 1 hour (hydromassage bath, infra-red sauna, selection of homemade sweet treats with a glass of champagne, all by candlelight).

## *Treat Packages*

### **MASSAGE PACKAGE 1H**

5 Clarins or Molitor massages

**750 €**

10 Clarins or Molitor massages

**1450 €**

### **FACIAL PACKAGE 1H**

5 Clarins facials

**750 €**

10 Clarins facials

**1450 €**



## *Wellness Expertise Centre*

### **NUTRITION**

Our nutrition expert specialises in weight loss, gut microbiota, chronic pain and inflammation and sports nutrition.

Nutritional Assessment

**1H ○ 95 €**

Consultation, nutrition & follow-up

**30 MN ○ 70 €**

### **OSTEOPATHY**

Assessment & osteopathic consultation

**45 MN ○ 95 €**

### **ICOONE**

Icoone technology is a revolutionary method that uses micro-stimulation of the connective tissue to give results-drive solutions on the face and body. It promotes lymphatic drainage, combats water retention and cellulite, increases collagen production and leaves the skin smoother and plumped up.

**ASSESSMENT SESSION ○ 75 €**

**1 10-minute targeted session ○ 30 €**

**30 MN Package of 5 sessions ○ 350 €**

**1 30-minute ritual session ○ 75 €**

**30 MN Package of 10 sessions ○ 700 €**

### **CRYOTHERAPY**

This treatment consists of exposing the body to extreme cold (-110 ° to -150°) for 3 minutes to create controlled hypothermia and trigger an analgesic, anti-inflammatory and regenerative action.

**1 session ○ 50 €**

**Package of 5 sessions ○ 225 €**

**Package of 10 sessions ○ 425 €**





## *Treatments for her*

### **HAND & FOOT CARE**

SPA Hand Beauty	<b>45 MN</b> ○ <b>50 €</b>
Classic varnish application	<b>15 MN</b> ○ <b>25 €</b>
Semi-permanent varnish application	<b>25 MN</b> ○ <b>40 €</b>
SPA Foot Beauty	<b>1H</b> ○ <b>70 €</b>
Classic varnish application	<b>15 MN</b> ○ <b>25 €</b>
Semi-permanent varnish application	<b>25 MN</b> ○ <b>40 €</b>
Removal of semi-permanent varnish	<b>20 €</b>

### **HAIR REMOVAL**

Upper lips/chin	<b>20 €</b>
Eyebrows	<b>20 €</b>
Eyebrow line restructuring	<b>30 €</b>
Underarms	<b>30 €</b>
Arms/Half leg	<b>50 €</b>
Full leg	<b>60 €</b>
Classic bikini wax	<b>45 €</b>
High-cut bikini wax	<b>60 €</b>
Brazilian or Hollywood bikini wax	<b>80 €</b>



## *Treatments for him*

### **BEARD**

**EXPRESS BEARD TRIM AND CARE**      **15 MN ○ 25 €**

Shaping with clippers and scissors

**CLARINS MEN'S BEARD TRIM & CARE**      **30 MN ○ 40 €**

Shaping with clippers and scissors, shaving oil, hot towels, beard shaping with traditional cut-throat razor, application of ClarinsMen moisturiser.

**BEARD TINTING**      **20 €**

### **HANDS & FEET**

**Spa Hand Beauty**      **45 MN ○ 50 €**

**Spa Foot Beauty**      **1H ○ 70 €**

### **MEN'S HAIR REMOVAL**

**Ears/nose/cheeks**      **20 €**

**Underarms**      **30 €**

**Back or chest**      **80 €**



**TOOFRUIT**  
Les soins pour enfants

## *Treatments for children*

aged 6 à 12

Treatments created especially for children. Appropriate for their body and face shape, the sensitivity of their skin and respectful of their privacy.

**MY RELAX TREATMENT** **30 MN** ○ **75€**

First organic massage for children. Promotes relaxation, rest and self-confidence, while respecting the child's privacy.

**MY SWEET SMILEY FACE** **30 MN** ○ **75 €**

First organic face care for children. Maintains the vitality and hydration of the skin, respects the child's face shape.

**BONDING TIME FOR PARENTS & CHILDREN** **30 MN** ○ **165 €**

Moments of shared relaxation, promotes closeness, attentiveness and togetherness.

**PRETTY LITTLE HANDS** **30 MN** ○ **40 €**

Hand care for children.

## *Hair Salon*

### *Shu Uemura & Redken*

#### **WOMEN'S HAIRDRESSING**

Shampoo and dry	<b>25 €</b>
Shampoo and blow dry from	<i>à partir de</i> <b>50 €</b>
Extra for heated plate, hair straighteners, rollers	<b>15 €</b>
Shampoo cut and blow dry from	<i>à partir de</i> <b>70€</b>

#### **SHU UEMURA CEREMONY** *à partir de* **50€**

Scalp massage, Shu Uemura treatment, shoulder massage, hot towels, drying included.

Supplement for blow dry	<b>15 €</b>
Colouring from	<i>à partir de</i> <b>65€</b>
Balayage & Ombré Flash	<i>à partir de</i> <b>65€</b>
Balayage & Full Ombré	<i>à partir de</i> <b>110€</b>
Wedding Package	<i>à partir de</i> <b>110€</b>

More services on request, the treatment is available in a private salon for an additional €10 (free soft drink).

#### **MEN'S HAIR**

Shampoo, cut, blow dry	<b>55 €</b>
Shampoo, treatment, cut, blow dry	<b>75 €</b>
Colouring	<b>35 €</b>

#### **SHU UEMURA CEREMONY** *à partir de* **50€**

Scalp massage, Shu Uemura treatment, shoulder massage, hot towels, drying included

Blow dry supplement	<b>15 €</b>
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#### **THE CHILDREN'S HAIRDRESSER**

Boys' haircut (under 12)	<b>30 €</b>
Girls' haircut (under 12)	<b>45 €</b>

## SPA ÉTIQUETTE

### APPOINTMENTS

IT IS IMPORTANT TO BE ON TIME FOR YOUR APPOINTMENT. TO ENSURE THINGS RUN SMOOTHLY, PLEASE ARRIVE 15 MINUTES BEFORE THE START OF YOUR TREATMENT. IF YOU ARRIVE LATE, WE MAY HAVE TO SHORTEN YOUR TREATMENT.

PLEASE NOTE THAT THE ESCAPE OFFER AND THE ESCAPE BY CLARINS OFFER ARE VALID ON WEEKDAYS ONLY.

### CHANGES AND CANCELLATIONS

FOR ANY CHANGES OR CANCELLATIONS, PLEASE CALL US 24 HOURS BEFORE YOUR TREATMENT. BEYOND THIS PERIOD, WE WILL BE OBLIGED TO INVOICE YOUR TREATMENT OR DEDUCT IT FROM YOUR PROGRAMME, SUBSCRIPTION OR GIFT VOUCHER.

### HEALTH

PLEASE NOTIFY US OF ANY HEALTH PROBLEMS, ALLERGIES OR INJURIES THAT COULD INTERFERE WITH THE SMOOTH RUNNING OF YOUR TREATMENT. IF IN DOUBT, PLEASE CONSULT YOUR DOCTOR BEFORE BOOKING. OUR SPA IS A NON-MEDICAL UNIVERSE AND ALL OUR TREATMENTS ARE PROVIDED SOLELY FOR THE PURPOSE OF YOUR WELL-BEING.

### RESPECT FOR OTHERS

THE SPA IS A HAVEN OF TRANQUILLITY, HARMONY AND WELL-BEING. TO MAKE THE MOST OF YOUR EXPERIENCE AND NOT DISTURB THAT OF OTHER CUSTOMERS, YOU ARE NOT ALLOWED TO SMOKE OR USE A MOBILE PHONE. ANIMALS ARE NOT ALLOWED IN THE SPA AREA.

### LIABILITY

FOR YOUR COMFORT AND SAFETY, SPA MOLITOR SUGGESTS YOU LEAVE YOUR PERSONAL BELONGINGS IN YOUR LOCKER OR AT HOME. THE ESTABLISHMENT CANNOT BE HELD RESPONSIBLE FOR ANY LOSS, THEFT, ITEMS LEFT BEHIND OR DAMAGE TO ITEMS LEFT IN THE SPA.

### GIFT VOUCHERS

THESE ARE NON-EXCHANGEABLE, NON-REFUNDABLE AND VALID FOR 1 YEAR EXCEPT FOR ESCAPES AND SPECIAL OFFERS. AFTER THIS PERIOD, WE WILL NOT BE ABLE TO CARRY OUT THE REQUESTED SERVICE OR HONOUR GIFT VOUCHERS.

MOLITOR CLUB & SPA  
OPEN EVERYDAY FROM 10AM TO 8PM  
8 AVENUE DE LA PORTE MOLITOR, 75016 PARIS  
01 56 07 10 28 / CLUBSPA@MLTR.FR  
WWW.MOLITORPARIS.COM

### PUBLIC PARKINGS :

JEAN BOUIN AND PORTE DE SAINT-CLOUD.

### METRO :

LINES 9 AND 10 - MICHEL-ANGE MOLITOR STOP

### BUS :

LINES 52 AND PC1 - PORTE MOLITOR





GALLERY  
HOTEL  
COLLECTION